**Course Name:** The WELL Building Standard and the Psychology of Space

**Provided By:** AIA Pittsburgh

**Course Date:** 04/12/2018

**About:**

This course will first address the basics of the WELL Standard program and its seven core concept areas. The presenters will then focus on the last concept, Mind, and how the built environment can support the psycho-social and spiritual needs of the occupants. The WELL Building Standard for Mind requires design, technology, and treatment strategies to provide a physical environment that optimizes cognitive and emotional health. A successfully designed space can produce measurable positive effects on occupant performance and outcomes.

Attendees will learn how to design stimulating spaces and implement policies to increase wellness awareness. The course will focus on integrative design, adaptable spaces, and biophilic design principles. A portion of the presentation will also review the concept of alliesthesia and how designing for options allows people to have a more pleasant experience with the built environment. Lastly, the presenters will discuss a case study, which recently earned a WELL Building Standard certification, to support the theory presented.

**Learning Objectives:**

1. Understand the structure behind the WELL Standard basics and its benefits on the occupants of WELL buildings.
2. Understand the WELL Mind concept and its relevance to the integrated design process.
3. Assimilate and prioritize design strategies that optimize cognitive and emotional health.
4. Recognize operational policies that foster a healthier environment and healthier individuals.

**URL:** <http://aiapgh.org/aia-programs-events/build-pittsburgh/presenters-programming-2018/>

**LEED Specific:** No

**GBCI CEUs:** 1.5

**AIA LU/HSW Hours:** 1.5